

**Practice Scenarios**

Think of how you may react if this situation happened to you, or to someone else’s child.

Some tips:

- *Practice some things you want to say, either in front of a mirror, with a spouse, partner, or friend*
- *If you are reaching out to another parent/guardian with concerns, approach them the same way you would like to be approached*
- *Keep calm, and try not to blame, lecture, judge or embarrass anyone*
- *Think about what you want the outcome of the conversation to be, and what steps YOU need to take to get to that outcome*

1. Your child is dating another child at school. You discover that your child is exchanging nude photos with this other student.

2. You see that your child is posting pictures to their social media account that you don’t love.

3. You follow your child on Instagram, and find out that your child has a private “finstagram”.

4. You find out that your good friend’s child has an Instagram account and posts pictures you know your friend wouldn’t be happy about. You also know your friend would be furious if they found out about the account, as they have not allowed their child to have any social media.

5. You overhear your child on the phone, talking about being sexually active. You had no idea, and are not aware of them being in a relationship.