



DIGITAL PARENTING

(preteens & up)

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Thank you so much for attending this presentation. Here are some of the resources mentioned:

- Download: "Parent/Child Technology Agreement."
- Download: "Digital On-Ramps" and "Is My Child Ready for Smartphone?"
- Learn more about kids and tech on the Cyberwise Website.
- Sign up for the Cyberwise Newsletter, sent every 2 weeks.
- "Raising Humans in a Digital World" book, plus free discussion guide.
- "Raising Humans in a Digital World" book in Spanish
- "My Students Watched a Suicide on TikTok and That's Not Okay." article.
- Learn more about the Cyber Civics curriculum. Get free lessons for families!

Finally, if you have time please review this presentation.

Thanks again! Please keep in touch.

Diana Graber, Founder



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1. RESPECT AGE REQUIREMENTS

- Let kids be kids.
- Nearly every social media site requires kids to be at least 13.
- It takes about 13 years of life for kids to develop ethical thinking skills.
- Online interactions require ethical thinking.



2. BE LIKE A DOLPHIN



Be:

- Firm
- Flexible
- Curious
- Playful



3. EDUCATE (YOUR KIDS & YOURSELVES)

When students engage in hands-on activities and discussion about digital life **together**, it empowers them maintain balance between real life and screen life, to protect themselves and each other, and to create change.

