



Take Action!

Let Grow, featured in *Chasing Childhood*, is the nonprofit promoting childhood independence. When kids are feeling anxious, depressed or passive, the antidote is ACTION. Playing, making, or doing something new, on their own, in the real world, jolts kids into joy.

Let Grow's free independence-building materials turn the key in the kid ignition.

Visit our website, letgrow.org for information.

For Educators

[The Let Grow Project](#): Each experience of independence gives BOTH kids and parents a boost of confidence.

[The Let Grow Play Club](#): Students organize the games and solve their own spats, learning how to socialize, solve problems, and make things happen.

"It was like watching a child come back to life."

-- Johann Hari, Author of "Stolen Focus," upon interviewing kids, rich and poor, who'd done the Let Grow initiatives

"Children are designed by nature to learn through self-directed play and exploration."

-- Let Grow co-founder, Boston College Psychology Prof. Peter Gray

For Parents

[The Let Grow Independence Kit](#): An at-home version of the Let Grow Project.

[Raising Independent Kids](#): The Facebook group where parents can chat with others on the same journey.

For Everyone

[Join LetGrow.org](#): Get our newsletter, download cool stuff, and count yourself a part of the Let Grow Community.

[Donate](#): Help us make independence easy, normal, and legal.