Counseling Resources for Wilton Youth and Families

Town of Wilton, Department of Social Services
https://www.wiltonct.org/social-services-department
Sarah Heath, Director: 203-834-6238

For any assistance, please call and speak to one of our staff members in the Social Services Department. We are here to help you.

Nonprofit Counseling Resources:
This list includes some of the non-profit counseling resources for our area. This list includes providers that specialize in domestic violence services. There are also many private practice therapists available in our local area. You can check with your pediatrician, doctor, or health insurance provider for additional suggestions and coverage.

Positive Directions
https://www.positivedirections.org/
203-227-7644

Family and Children’s Agency
https://familyandchildrensgroup.org/
203-855-8765

Child Guidance Center of Southern Connecticut (Darien, New Canaan, Stamford, and Greenwich)
http://childguidancect.org
203-324-6127

Child Guidance Center of Mid Fairfield County (Norwalk, Westport, Weston, Wilton, Darien, New Canaan, and Stamford) http://www.childguidancemfct.org/
203-299-1315

Family Centers
https://www.familycenters.org
203-629-2822

Domestic Violence Crisis Center
https://www.dvccct.org/
203-588-9100

CT Coalition Against Domestic Violence
http://www.ctcaadv.org/

Crisis Services:
Dial 2-1-1 (24 hours) for Emergency Mobile Psychiatric Services for children under 18
For an emergency, dial 9-1-1

Kids in Crisis
https://www.kidsincrisis.org/
24-hour Helpline – 203-661-1911